



Dear Families,

Welcome back to the New Year! We hope that the holidays were safe and enjoyable for you and your family. Throughout the month of January, we will be discussing: Winter, Polar Animals, Hibernation, and Martin Luther King Jr. We will also continue with our letter and number of the week next week.

Just a reminder to please make sure that your child has gloves/mittens and a hat every day, as well as snow pants and boots when it snows. We will be going out every day, weather permitting.

\*\*\* Finally, please be advised that the Child Care Center will be closed on Monday, January 20<sup>th</sup> for Martin Luther King Jr.'s Birthday.

Happy New Year!

Heather and Lucia



# January Curriculum

## Language Arts

- \*Alphabet: Oo, Pp, Qq
- \*Books: Winter, Polar Animals, Snow and Ice, Hibernation, MLK Jr.
- \*Rhyming words
- \*Opposites
- \*Old Mother Hubbard
- \*Show and Tell

## Math

- \*Numbers: 14, 15, 16
- \*Shape: Star
- \*Graphing
- \*Pattern AAAB
- \*Estimation
- \*Sorting
- \*Matching

## Science

- \*Weather Changes
- \*Color: White
- \*Polar Animals
- \*Ice, snow
- \*Hibernation

## Social Studies

- \*Martin Luther King Jr.
- \*Jobs
- \*Community

## Art and music

- \*Daily/Monthly Songs
- \*Painting
- \*Self Portrait
- \*Oil Pastels
- \*3D Art

## Physical Education and Health

- \* Exercise/Yoga/Games/Dance/Outdoor Play
  - \* Nutrition and healthy habits
  - \* Self-help skills
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