Our theme for the month will be Nutrition. We will talk about the different food groups: fruits, vegetables, meat, dairy and grains and emphasize that sweets are not always good for you. We will be doing two food related projects: Fruit Salad on March 12th and Vegetable Soup on March 19th. We hope each family will contribute ingredients for these projects. We will have sign-up sheets on the classroom clipboard the week prior to these dates.

We will also talk about the importance of exercising every day. We hope the weather will warm up enough so we can spend more time outdoors everyday, either playing in the backyard, going for walks around campus, or visiting “The Alligator Park” (a little grassy area behind the P.E. Building).

We will also be learning about the color GREEN. We will have GREEN DAY on Thursday March 5th so wear something GREEN on that day.

Then on Tues. March 17th we will have a special snack of green milk and green cookies to celebrate St. Patrick’s Day.

PICTURE DAY - Wednesday March 11th. We will be taking individual and class pictures on this day. If you want your child dressed-up, bring them to school in what they will wear for the picture and we can change them afterward (bring in an extra set of clothes). More information and an order form was included with your tuition bill this month. Return it to the office by March 9th.

FYI Kathy will be on vacation from March 23rd to April 5th.